

# By “mRNA examination”, find your REAL constitution

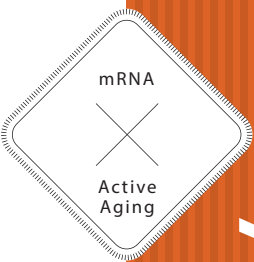
マーナ・mRNA foundation



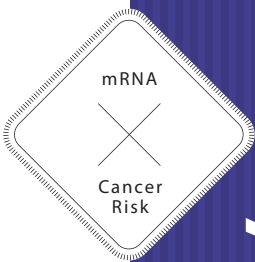
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Active Aging



## By “mRNA examination”, Encouraging your body! Preventing aging!



## By “mRNA examination”, Revitalizing your body! Reducing cancer risk!

Cancer Risk



New physical examination  
“mRNA examination” is specialized  
in promoting “ active ageing” and  
reducing “ cancer risk”.

According to the exam,  
you can know how genes work  
and change in your body,  
your physical condition,  
and risk for illness.

Also, we and reconsider your  
lifestyle improvement.

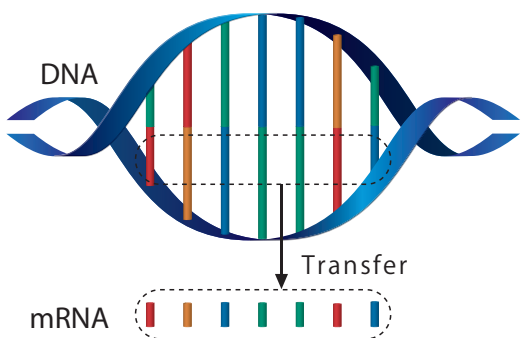
Then,result of exam will help you  
to improve your body more healthy.

“mRNA examination” is not  
the exam for detecting illness.  
Its main purpose is supporting  
to deliver the full potential  
of your REAL constitution.

### What is “mRNA”?

mRNA is first material made from gene.  
By analyzing types and amount of the  
material, you can see the amount of gene  
and how the genes work in your body now.

Loosing balance of mRNA affects  
biological activity and causes diseases.





## "Longevity gene" is the key for active aging!

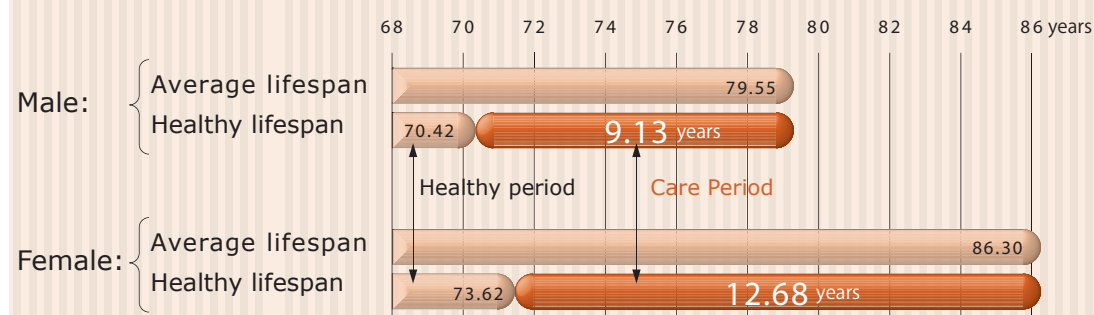
### mRNA examination "Examination of Longevity gene"

"SIRT1 gene(longevity gene)", which have potential for anti-aging and improving immune system, is the key for anti-aging. In the examination, we check and analyze activation level of longevity gene. Then, we make the best use of the result of exam for reconsidering your regular routine, triggering to increase QOL, and improving immune system. According to the longevity gene level, we check how it works well in your body. Then, we give advices for daily routine to improve and activate it effectively.

#### Advantages of "SIRT1 gene(longevity gene)"

1. Improve your immune system and keep your body healthy and younger
2. legs get stronger, so easy to walk and get activity
3. Being mentally and physically strong

#### Difference between healthy lifespan and average lifespan (in Japan)



#### Making healthy lifespan longer is the important!

In 2010, elder people(over 65 yrs) account for 21% of population in Japan. Along with a rapidly aging society, medical expenses will rise. However, it is better to live healthy than bedridden life.

So, making healthy lifespan longer is the important.

"healthy lifespan" can be defined as the period of one's life that one is healthy

Reference  
Average lifespan in 2010,  
<https://www.mhlw.go.jp/toukei/saikin/hw/life/21th/>  
Healthy lifespan in 2010,  
<http://toukei.umin.jp/kenkoujyumyou/>

Reliable and easy!

How to get mRNA examination?

Point 1

Apply for the exam at medical services

mRNA examination needs only blood test After explanation from doctor, you will take the test.

Point 2

Only 2.5cc blood test

same amount of blood is need even if you take "Longevity gene test" and "oncogene test" both

Point 3

Supporting program is prepared after the test (Optional Plan)

Doctors give you counselling, and explain the result of test. Then, they will suggest you how to improve your daily life.

#### What is support of lifestyle improvement?

There is special support program for improving your lifestyle. The suggestion is based on result of test, so we will support you to earn healthy and satisfied lifestyle easier.

- Planning annual schedule for preventing for illness and improvement of lifestyle by specialist for health
- Providing consultation at Genome Information Center

#### mRNA examination How much?

Please give a call to medical services about taking test fee and support program fee.



## Gene knows the risk of cancer.

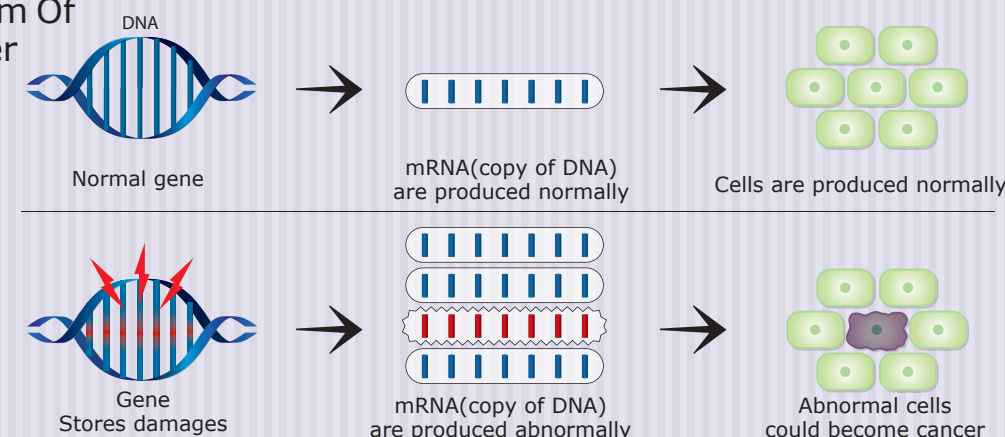
### mRNA examination "Examination of oncogene"

In examination of "oncogene", which is a mutated (changed) form of a gene involved in normal cell growth, can check the risk of cancer. Then, man can be checked 8 parts, and woman can be checked 11 parts of body. In the process of developing cancer, some factors are related complicatedly, such as genetic anomaly and environmental factor. Exam of these genes if they have abnormality or not assists to find and estimate exist of cells which have risk of cancer.

#### Advantages of "Examination of oncogene"

1. To be able to check the risk of cancer in your dairy routine and environment
2. To effectively prevent cancer
3. To easy get action for preventing cancer

#### Mechanism Of the cancer



#### How many kinds of cancer can be found?

- Male/Female ▶ Esophageal cancer/Lung cancer/  
Stomach cancer/Pancreatic cancer/  
Biliary canal cancer/Colon cancer/  
Liver cancer
- Male Only ▶ Prostate cancer
- Female Only ▶ Breast cancer/Cervical cancer/  
Endometrial cancer/Ovarian cancer

#### Difference from tumor marker

Tumor marker is one of major test for finding cancer with protein. On the other hand, mRNA is precursor of protein, so it is possible to find early risk of cancer and shown result in mRNA exam.